

“ The KT-EQUAL network doesn't just promote an interdisciplinary way of working. It also brings us a step closer to the goal of putting ageing and disability research into practice so help reaches those who need it. ”



Technologies such as computers, tablets, smartphones and other digital devices can play an important role in helping older people to live safe, fulfilled and independent lives in their own homes.

For example, they can help with the tasks of daily life — ordering shopping, keeping in touch with friends and family, reminding us to take medicine, switching on lights or the TV, providing wellbeing services, or summoning a carer or medical help in an emergency.

But we must make sure that technology is easy to use and comfortable to wear, and that it doesn't invade a person's privacy in any unacceptable way. Devices must not be developed in isolation from other research disciplines, or from the people they're designed to assist. So we take every opportunity to engage the help of older people, their carers and the professional organisations that support them.

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